

THE KOMODO ACADEMY

SELF-DISCIPLINE ASSIGNMENT

| SELF-CARE | MON | TUES | WED | THURS | FRI | SAT | SUN |
|--|-----|------|-----|-------|-----|-----|-----|
| • Brushed My Teeth | | | | | | | |
| • Combed My Hair | | | | | | | |
| • Washed My Hands (Before and after meals and washroom) | | | | | | | |
| • Had A Bath | | | | | | | |
| SCHOOL | | | | | | | |
| • Completed All My Homework | | | | | | | |
| • Help Prepare My Lunch | | | | | | | |
| • Completed My Daily Reading | | | | | | | |
| • Properly Back My Bag for the following day | | | | | | | |
| HOUSEHOLD/CHORES | | | | | | | |
| • Made My Bed | | | | | | | |
| • Cleaned My Room | | | | | | | |
| • Picked Up My Clothes and Folded | | | | | | | |
| • Helped With Placing The Table | | | | | | | |
| • Helped With Dishes | | | | | | | |
| • Picked Up All My Belongings | | | | | | | |
| • Took Out The Garbage | | | | | | | |
| SELF-GROWTH | | | | | | | |
| • Respected My Parents and Family | | | | | | | |
| • Respected And Helped My Friends | | | | | | | |
| • Open To New Ideas And Views | | | | | | | |
| PARENTS /GUARDIAN INITIALS | | | | | | | |

You earn achievement stripes for every (3) worksheet assignments you successfully complete. You can also combine any (2) types of worksheets. For example you could hand in one Self-Discipline Assignment worksheet, and two Reading Worksheets as a set of (3) to qualify for an Achievement Stripe.